

Designing an expedition programme

| | September | October | November | December | January | February | March | April | May | June | July | August |
|----------------------------------------------------|-----------|---------|----------|----------|---------|----------|-------|-------|-----|------|------|--------|
| Expedition dates | | | | | | | | | | | | |
| Training | | | | | | | | | | | | |
| Fitness training | | | | | | | | | | | | |
| Notifications to OA and Assessor Networks | | | | | | | | | | | | |
| Notifications to participants and parents | | | | | | | | | | | | |